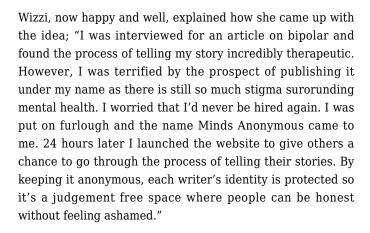


MESSAGE FROM MINDS ANONYMOUS



Minds Anonymous is a newly launched initiative dedicated to increasing understanding and ending the stigma surrounding mental health and has received backing from experts and leading organisations.

It is the brainchild of 31 year old Louisa "Wizzi" Magnussen, who has herself sucessfully battled bipolar and other mental health conditions. The website allows people, for the first time, to share their mental health stories anonymously and read the stories of others. By giving people a voice, it aims to prove that managing mental health is part of being human and end the shame surrounding mental health conditions.



Minds Anonymous has already had over 3500 views from 1200 unique visitors in over 40 countries and numerous stories uploaded, from tales of depression to abuse and psychosis. The stories themselves are compelling and give a first hand insight into conditions that are widely misunderstood.











HELP FND MENTAL HEALTH STIGMA

is raising funds through a crowdfunding campaign.

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Make a donation from just £10

VISIT

To support the organisation's project please visit : https://app.investmycommunity.com/mindsanonymou









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